

RIDE the Gong



The Wellington Cycling Club is proud to have been named the best cycling club in the world for the 10th year running. This is a testament to the club's commitment to providing a safe and enjoyable cycling experience for all its members. The club offers a wide range of cycling opportunities, from leisure rides to competitive racing. We also provide a comprehensive cycling program for schools and community groups. Our goal is to promote cycling as a healthy and sustainable mode of transport. We encourage everyone to get on their bikes and enjoy the benefits of cycling. For more information, please contact us at [phone number] or visit our website at [website URL].



SHARED PATHS

- Step on the ball... about the road!**
Share the road with cars and trucks.
- Share the path with walking pedestrians**
- Remember your safety equipment!**
- Don't use the path as a shortcut!**
- Remember yourself and the space!**
- Be polite to others!**

WHY GOV A-BIKE?

- Health**
Cycling is a great way to stay fit and healthy. It's a low-impact exercise that can improve your cardiovascular health and reduce the risk of heart disease.
- Environment**
Cycling is a green mode of transport that produces no emissions. It's a great way to reduce your carbon footprint and improve the air quality in your city.
- Time Saving**
Cycling is a fast and efficient mode of transport. It can help you save time and avoid traffic congestion.
- Convenient**
Cycling is a convenient mode of transport that can be used for a wide range of activities. It's easy to use and doesn't require a lot of space.
- Save Money**
Cycling is a cost-effective mode of transport. It's much cheaper than owning a car, and it doesn't require a lot of maintenance.

ROAD RULES AND REGULATIONS

Right of Way
Cyclists have the right of way over pedestrians and slower moving vehicles. However, cyclists must give way to faster moving vehicles when crossing their path.

Signaling Intentions
Cyclists must use hand signals to indicate their intentions to turn or stop. This helps other road users anticipate the cyclist's actions and avoid accidents.

STAYING SAFE AND SOUND

Wearing a Helmet
Wearing a helmet is the most effective way to reduce the risk of head injury in the event of a fall. It's a simple and affordable safety measure that everyone should use.

Check Your Bike
Regular maintenance is essential for keeping your bike in good working order. Check your tires, brakes, and lights regularly to ensure they are all functioning correctly.

GO TOGETHER

Share the Road
Cycling is a great mode of transport, but it's important to share the road with other road users. Be courteous and follow the rules of the road to ensure everyone's safety.

Work Together
Cycling is a team sport. Work together to improve the cycling infrastructure in your city and make it safer and more enjoyable for everyone.

FREE WELLINGTON CYCLING GUIDE + MAP

Get your free Wellington Cycling Guide and Map today! It's a comprehensive resource for cyclists of all levels, providing information on routes, regulations, and safety. It's a must-have for anyone who wants to enjoy cycling in Wellington.

WELLINGTON CYCLING GUIDE

Key Features:

- Scenic Routes:** Discover the most beautiful cycling routes in Wellington, from the coast to the hills.
- Off-Road Routes:** Explore the city's parks and green spaces on a variety of off-road trails.
- General Routes:** Find a wide range of routes for all types of cyclists, from leisure riders to competitive racers.
- Map:** A detailed map of Wellington showing the city's layout and the location of key cycling routes.
- Regulations:** A comprehensive guide to the rules and regulations that apply to cyclists in Wellington.
- Safety:** A section on staying safe and sound while cycling, covering everything from helmet use to signaling intentions.

Get Your Free Guide and Map Today!